

## Claims

- [c1] A method to quickly and easily attach a lightweight, comfortable, portable, rugged handle to many diverse items that have handles, but are difficult or uncomfortable to carry. Examples include but are not limited to: one gallon (up to three) or one five gallon paint can(s), one gallon milk or water jugs (up to two). Each handle can carry up to 50 pounds of miscellaneous items.
- [c2] A method to quickly and easily attach a lightweight, comfortable, portable, rugged handle to a variety of items that don't have traditional handles: Examples include but are not limited to: five gallon water bottles, bicycles, or anything that has a diameter of two inches and less. The vinyl tubing grips items once the cord is tightened around it.
- [c3] A method to attach a lightweight, comfortable, portable, rugged handle to items that are difficult to grip and pull. Examples include but aren't limited to: pulling up garden stakes, small tree or plant roots, dragging garden hoses to their destination, pulling suitcases that are for a variety of reasons difficult to pull otherwise, etc.